TILAK MAHARASHTRA VIDYAPEETH JAYANTRAO TILAK COLLEGE OF PHYSIOTHERAPY

&

INDUTAI TILAK COLLEGE OF PHYSIOTHERAPY

NAME OF THE EVENT: ON THE OCCASION OF INTERNATIONAL WOMEN'S DAY PHYSIOTHERAPY CHECK UP CAMP FOR WOMEN'S OF RED LIGHT AREA OF BUDHWAR PETH, PUNE.

DATE & DURATION OF EVENT: 8th MARCH 2023 & 12.00 PM TO 3.00 PM (3HRS)

NAME OF THE PARTICIPATING FACULTY MEMBERS:

- 1. DR. RIMA MUSALE (PT)
- 2. DR. SHIKHA PASSI (PT)
- 3. DR. MANALI KULKARNI (PT)
- 4. DR. PRATIKSHA KULKARNI (PT)

NAME OF DELEGATES PRESENT FOR THE CAMP

- 1. MR. PRAKASH YADAV (PRESIDENT AKIL BUDHWAR PETH DEVDASI SANSTHA)
- 2. MS.TEJASVI SEVEKARI (EXECUTIVE DIRECTOR SAHELI SANGH PUNE)
- 3. MR.SURESH KAMBLE
- 4. MR.SURATWALA
- 5. MR.DESHPANDE

PARTICIPATING PG'S AND FINAL YEAR STUDENTS AT THE CAMP:

- 1. Dr. Vrushali Durge (PT)
- 2. Dr. Rasika Jadhav (PT)
- 3. Dr. Mayuri Burkul (PT)
- 4. Dr. Shweta Chaudhari (PT)
- 5. Dr. Akanksha Hege (PT)
- 6. Shruti Jain
- 7. Hetvi Shah
- 8. Rashi Rupawat
- 9. Pranjal Fulsundar
- 10. Gargi Joshi

- 11. Srishti Shintre
- 12. Vaishnavi Sonawane
- 13. Shruti Gupta
- 14. Archana Hindalekar
- 15. Shrayani Bankar

International women's day was celebrated on 8th march 2023 at Akil Budhwar Peth Devdasi Sanstha Pune. This year theme for international women's day was Accelerating Equality &Empowerment. TMV'S Jayantrao Tilak College of Physiotherapy & Indutai Tilak college of physiotherapy togetherly have organized free physiotherapy camp for womens of red light area of budhwar peth.

During this camp from 12 pm to 3 pm we have evaluated and documented 50 sex worker. We assessed these sex worker on the basis of demographic data, BMI, chief complaint, QUID scale, health related quality of life scale. Out of 50 sex workers around 15-20 sex workers were HIV positive. Our aim was to make them aware about reproductive health, and about urinary incontinence, urogenital dysfunctions etc. Physiotherapy treatment in the form of pelvic floor exercises and its progression was given for the same compliant. We also focused on creating awareness about ergonomic guidelines example: postural correction, physical modification etc.

The camp was well organised by the staff members, PG'S & final years and volunteers from Saheli HIV/AIDS Karyakarta Sangh & Puneri Pride Foundation. It was well received & appreciated by community.

We extend our sincere thanks to management of **Tilak Maharashtra Vidyapeeth** for providing us this platform to serve the community.









